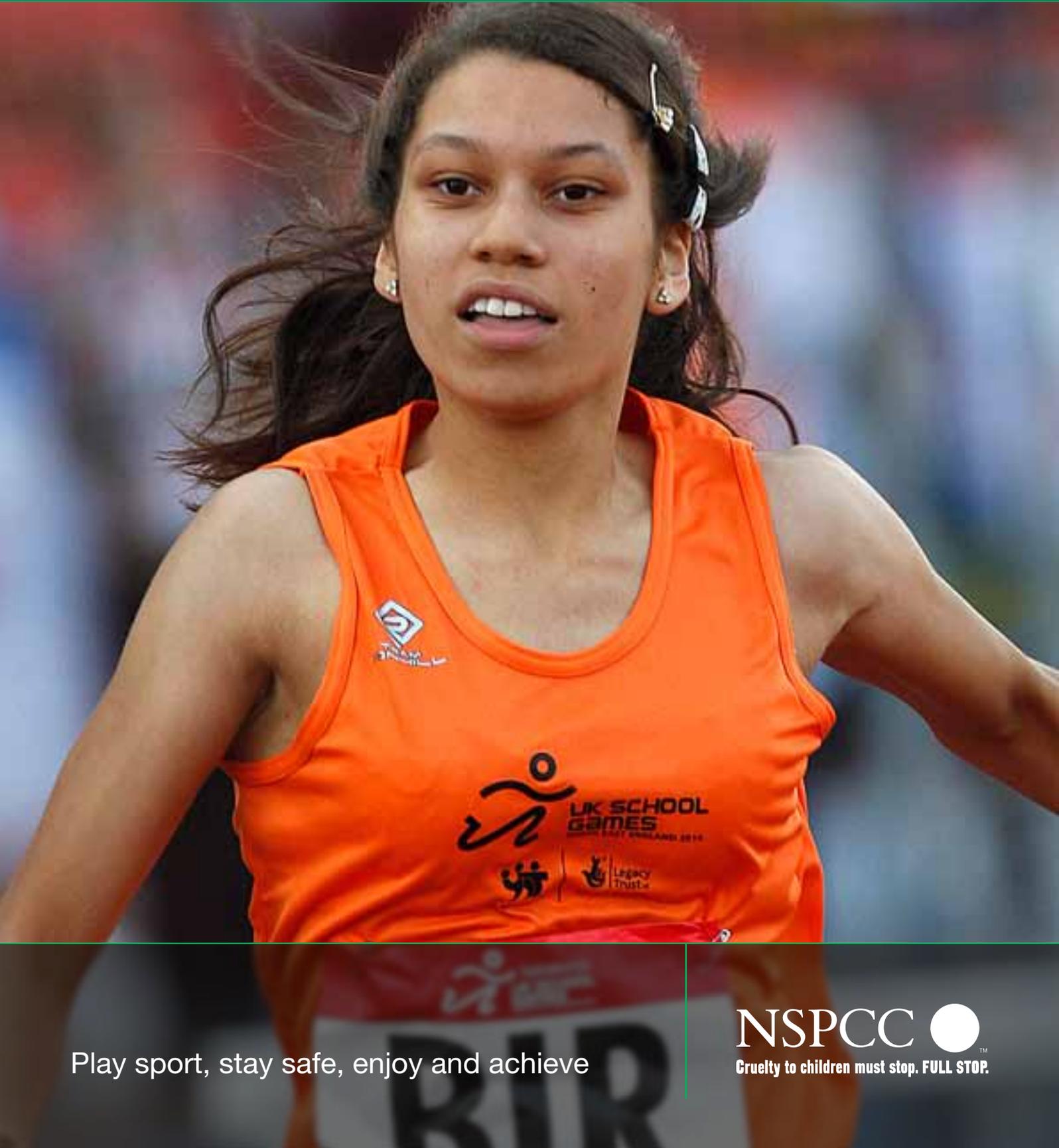


Issue 17 Summer 2011

relay



Child Protection in
Sport Unit Newsletter



Play sport, stay safe, enjoy and achieve

NSPCC 
Cruelty to children must stop. FULL STOP.™

Safeguarding children in sport

Welcome to the 17th issue of *Relay*, the Child Protection in Sport Unit newsletter. In this edition you will find:

- child protection in sport news update.
- welcoming new CPSU team members.
- *Positive coaching* – by Beth McLeod from Positive Coaching Scotland.
- *Abuse of boys in sport* – a research article by Dr. Mike Hartill from Edge Hill University.

Child protection in sport news update

New briefings

A library of briefing papers is now available to download from our website. The papers address concerns that have been highlighted by the sport sector. The following briefings are new:

- Using social networking services and social media: promoting safe and responsible use.
- Involving children and young people in mixed age sport/activity.
- Physical contact and young people.
- Safeguarding deaf and disabled children.
- Homophobic bullying in youth sport.

For further information please visit the briefings page of the [NSPCC Child Protection in Sport Unit](#) website.

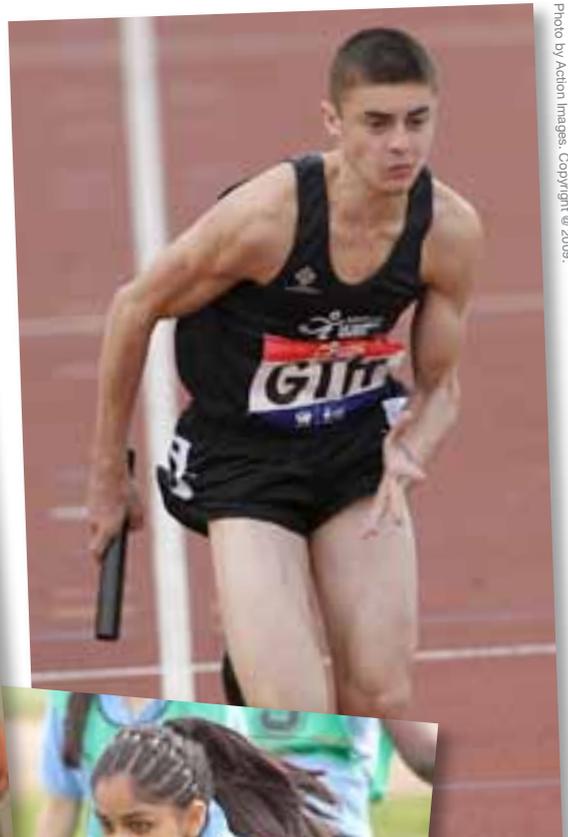


Photo by Action Images. Copyright © 2009.



Photo by Sport England. Copyright © 2011.



Photo by Sport England. Copyright © 2011.



safeguarding deaf and disabled children

A resource for use in training and professional group learning



Available from:

NSPCC Publications
www.nspcc.org.uk/publications
 Telephone: 020 7428 1074

and

Triangle
www.triangle.org.uk
 Telephone: 01273 305888



safeguarding deaf and disabled children

Research shows that deaf and disabled children are at significantly greater risk of abuse and neglect than non-deaf and non-disabled children. Government guidance across the UK stresses the importance of professionals having the expertise to give disabled children the same levels of protection from harm as non-disabled children, and the relevance of disability equality training to all service providers.

Safeguarding deaf and disabled children aims to raise awareness about the additional vulnerability of deaf and disabled children to abuse and neglect, and to help everyone who works with children know how they can safeguard deaf and disabled children more effectively.

It is particularly relevant to professionals in education, health, children's social services, the police and the justice system, whether their area of expertise is safeguarding or disability or deafness.



The DVD contains:

- an information film about why deaf and disabled children are at greater risk of abuse and how we can safeguard them more effectively
- eight short scenarios – people expressing concerns
- two longer, dramatised scenarios – *Kayleigh's story* and *Anil's story*
- interviews with professionals reflecting on the films and the issues they raise.

The DVD is supported by:

- prompt sheets to guide trainers and facilitators in using each of the scenarios
- handouts on key issues.

www.nspcc.org.uk/learningresources

© NSPCC. All rights reserved. Images posed by actors. Registered charity numbers 216401 and SC037717. Tel: NS1978

New NSPCC resource

Safeguarding deaf and disabled children is a new NSPCC resource for use in training and as part of professional group learning sessions. It offers valuable help and support to anyone who works with disabled children and valuable safeguarding information. To purchase a copy visit the [NSPCC publications team](#).

Sportivate

Sportivate is a Sport England initiative that gives young people aged between 14 and 25 the chance to receive six to eight weeks of coaching in a sport of their choice. This programme is run through a network of 49 county sport partnerships working with a range of local partners.

A resource has been developed to support programmes such as Sportivate. For further information visit the [CPSU website](#).



NSPCC **Inform.**

What we do | Get involved | Help and advice | News and views | **Donate** | Events | Professionals | My NSPCC | Shop

Home
 NSPCC Inform
 Child Protection in Sport Unit

Resources

- Videos
- Publications
- CPSU briefings
- Anti-bullying resources
- Safeguarding children with a disability
- Examples of good practice
- Sample policies
- Safeguarding toolkit

Search Go

1 of 1 items
 Choose from list

Safeguarding toolkit for sports programmes

Who is it for?

The safeguarding support toolkit supports the work of all those involved in sports programmes such as [Sportivate](#).

This includes County Sports Partnerships (CSPs) with a strategic or funding role and other organisations or groups responsible for identifying, commissioning and monitoring potential activity providers, as well as individuals and organisations delivering those activities to children and young people.

Programmes for Children and young people: Safeguarding Support Toolkit (PDF, 270KB)

What is the purpose of the safeguarding support toolkit?

The toolkit has been designed to support all organisations involved in the safeguarding programmes working with children and young people:

- identifying and supporting the implementation of safeguarding measures that all activity deliverers are required to have in place
- clarifying the safeguarding roles and responsibilities of all organisations involved in the commissioning or delivery of activities with children and young people including CSPs, other commissioning bodies and activity deliverers, with reference to the SU safeguarding criteria
- providing guidance, tools, examples and templates to support the development, implementation and review of safeguarding practice by activity deliverers that reflect the needs of the organisation
- assisting activity providers to move from the minimum safeguarding standards towards excellence
- providing good practice examples of ways in which CSPs are working with and monitoring partners (eg within the Sportivate programme) to ensure the application of the safeguarding criteria at delivery level
- complementing the High Quality Community Sport for Young People publication

ICSEMIS: 19-24 July 2012

ICSEMIS 2012 is The International Convention on Science, Education and Medicine in Sport. It will take place next year, just days before the opening ceremonies for the 2012 Olympic Games in London. ICSEMIS 2012 will welcome 3,000 delegates from around the world in every professional sector and academic discipline associated with sport, physical education, exercise and sport medicine.

ICSEMIS replaces and expands the scope of the former four-yearly congresses. The first ICSEMIS was held in 2008 in Guangzhou, China, before the Beijing Olympics. In 2012, as hosts of the Olympic and Paralympic Games, the UK will host the second ICSEMIS at the Scottish Exhibition and Conference Centre in Glasgow. The event is supported by The International Olympic Committee (IOC), International Paralympic Committee (IPC), International Federation of Sports Medicine (FIMS) and the International Council of Sport Science and Physical Education (ICSSPE).

Visit www.icsemis2012.com for full details and to register your interest.



Welcoming new CPSU team members

Laura Whapham, sports development officer for Wales joined the Child Protection in Sport Unit in January 2011. Laura works closely with Sport Wales to support safeguarding within Welsh national governing bodies. An element of Laura's role is to support sports through The Safeguarding Standards Framework and enable sports organisations to maintain and embed this practice.

Lisa Charles, senior consultant for England was appointed in May 2011. Lisa's work involves providing safeguarding guidance and support for national governing bodies in England.

Within the CPSU team Lisa will be taking the lead on our work around involving children and young people in safeguarding through sport.

We also welcome **Hannah Mansell, safeguarding information officer** back to the team, as she returns from maternity leave. Hannah will be returning part time and Lian Jackson will cover the other half of the safeguarding information officer role.

For further information about key contacts in CPSU, visit the [meet the team](#) section on the NSPCC website.



Positive coaching

Transforming Scottish youth sport so sport can transform Scotland's youth
by Beth McLeod from Positive Coaching Scotland

Sportscotland, Scotland's national agency for sport, is leading the national implementation of the Positive Coaching Scotland (PCS) programme – a cultural-change initiative to create a positive environment for young people in Scottish sport. It uses sport to support children's learning and the development of their life skills.

Positive Coaching Scotland is one of several support and development programmes that sportscotland is leading on to help develop coaching and volunteering across Scotland. PCS however is unique in that it involves everyone in the community – club leaders, coaches, parents and teachers – and sets new standards for these key influencers in their involvement with young people in sport.

By taking part in Positive Coaching Scotland, partners in local authorities and governing bodies of sport will access an approach which ensures that not only coaches and volunteers are supported to be the best they can be, but that through the cultural-change programme, they encourage our young people to choose and stay in sport while learning valuable character building life lessons.

The background

PCS is based on a highly successful US model (Positive Coaching Alliance) developed at Stanford University in 1998 to combat escalating health and social problems in the USA. Positive Coaching Alliance has been used by over 1,100 sports organisations since its inception, has influenced over 4 million young people, and is helping to create a positive sporting culture in the USA. Prior to handing the baton over to sportscotland, the Winning Scotland Foundation rolled out a two-year pilot of the programme across several local authority areas and Scottish governing bodies of sport.

Values

The cornerstone of Positive Coaching Scotland is the Double Goal Coach ethos:

1. Winning – not at all costs but through concerted effort and learning to compete effectively.
2. More importantly, teaching young people vital, character-building life skills.

Key principles

There are three key principles at the

heart of Positive Coaching Scotland. These are critical factors in becoming an effective Double Goal Coach and ensuring that young people gain life skills they can use in and out of sport:

1. Honour our sport

It is crucial to teach young people how to honour their sport and teach respect for rules, opponents, officials, teammates, and themselves.

2. Redefine 'winner'

PCS encourages young people to see beyond the scoreboard when taking part in their sport. True winning comes from giving your best possible effort, continually improving by learning every time you play, maximising your potential by not being afraid to make mistakes and getting better by learning from those mistakes.

3. Fill the emotional tank

Young people need to feel appreciated, no matter what their ability within their chosen sport. As a Double Goal Coach it is crucial to fill the 'emotional tanks' of young people by ensuring we encourage, teach, appreciate, provide non-verbal support and know how to give praise.

By working in partnership with coaches, parents, teachers and sport leaders, PCS can help enhance the skills and learning of all members to create clubs committed to excellence and to championing the Positive Coaching Scotland culture.

To find out more about **Positive Coaching Scotland**, please contact Beth Macleod, lead manager at sportscotland on 0141 534 6500.

You can learn more about Positive Coaching Scotland and its principles on their website www.sportscotland.org.uk/pcs

The screenshot shows the website for Positive Coaching Scotland, part of the sportscotland network. The page layout includes a top navigation bar with 'Home', 'About us', 'Topics', 'News', and 'Resources'. A search bar is located on the right. The main content area is titled 'Positive Coaching Scotland' and features a sub-header 'About Positive Coaching Scotland'. Below this, there is a list of bullet points detailing the programme's goals and principles, such as empowering parents and coaches, supporting young people, and improving coaching quality. A sidebar on the left contains a 'Topics' menu with various categories like 'Active Schools Network', 'Anti-doping', 'Child protection', 'Coaching', 'Community sport', 'Equality', 'Facilities', 'Fit to go!', 'Funding', 'Governing bodies of sport', 'National Centres', 'Performance sport', 'Safeguarding', 'Sport in the schools', 'Tactics', and 'Volunteering'. A 'See also' section on the right lists 'Positive Coaching Scotland' as a related resource.



sportscotland
the national agency for sport

Abuse of boys in sport

Dr. Mike Hartill at Edge Hill University

While child abuse in sport is generally an under-researched area, the sexual abuse of boys has been particularly neglected. Important research in Australia found that 21 per cent of competitive male athletes, from a sample of 160, had experienced sexual abuse at some time in their lives. We know almost nothing about the experiences of boys who have been abused within the sports context, but academics have suggested that the hyper-masculine culture that is central to much male sport has placed an additional burden upon male victims, securing their silence.

Researchers have identified many popular myths regarding the sexual abuse of boys, chiefly that if they really wanted to they could have stopped it. Recently, however, ex-ice-hockey internationals Sheldon Kennedy and Theoren Fleury (Canada) and ex-England Rugby Union international Brian Moore, have felt able to document something of their experiences of sexual abuse.

I have recently completed some interview research with four adult male 'survivors' of childhood sexual abuse in sport. Some key findings were:

- 1) Without exception, the abusers of these boys were popular and valued amongst the sports community.
- 2) The abuse lasted for at least one year, usually for several years.
- 3) These boys were not the only victims.
- 4) Often rumours surfaced but were not acted upon.
- 5) During their childhood none of these boys felt able to report their abuse.
- 6) They worked hard not to let other adults know what was happening to them.
- 7) They did not go on to become abusive adults.

This was a small-scale study. Further research into the reality of male victimisation is urgently required if we are to develop systems better able to prevent abuse in sport, educate sports communities and support male victims of abuse in sport. For further information about this study or to discuss future research projects, contact Dr. Mike Hartill at Edge Hill University (hartillm@edgehill.ac.uk).



Photo by Sport England. Copyright © 2011.



Child Protection in Sport Unit
play sport stay safe
enjoy and achieve

www.thecpsu.org.uk

Child Protection in Sport Unit England
NSPCC National Training Centre
3 Gilmour Close, Beaumont Leys
Leicester LE4 1EZ

Telephone: 0116 234 7278

Fax: 0116 234 0464

Email: cpsu@nspcc.org.uk

Child Protection in Sport Unit Wales

NSPCC Cymru/Wales
Diane Engelhardt House
Treglown Court, Dowlais Road
Cardiff CF24 5LQ

Telephone: 0844 892 0290

Fax: 029 2048 7085

Email: cpsuwales@nspcc.org.uk

Child Protection in Sport Unit Northern Ireland

NSPCC
Block 1, Jennymount Business Park
North Derby Street
Belfast BT15 3HN

Telephone: 028 9035 1135

Fax: 028 9035 1100

Email: pstephenson@nspcc.org.uk

Safeguarding in Sport
CHILDREN 1ST

Sussex House, 61 Sussex Street, Kinning
Park, Glasgow G41 1DY

Telephone: 0141 418 5674

Fax: 0141 418 5671

Email: safeguardinginsport@children1st.org.uk

Website: www.safeguardinginsport.org.uk

