

**WORLD
SQUASH**

EUROPE

KARAKAL



**SQUASH WALES
WELSH JUNIOR OPEN
CARDIFF
EUROPEAN GRAND PRIX
TOURNAMENT**



**CROESO I GYMRU
WELCOME TO WALES**

**SPORTS WALES NATIONAL
CENTRE,
CARDIFF, CF11 9SW**

**CARDIFF SQUASH CLUB,
CARDIFF, CF11 9BR**

Welcome to Squash Wales

Welcome to Cardiff - the Capital of Wales and the Host City for this year's
WELSH JUNIOR OPEN EUROPEAN GRAND PRIX EVENT.

The event will be held at the Sport Wales National Centre and Cardiff Squash Club
on Ryder Street, Cardiff

The standard of Squash will be exceptional with 150 players. But it's not only the
competition which is the attraction of this great squash event;
it's about meeting old friends and making new ones in
this wonderful environment.

Have a Great Weekend

Mike Workman

Director of Coaching and Development
Squash Wales



www.squash.wales

How to Find Us

Tournament Office located at the:

Sport Wales National Centre
Sophia Gardens

Cardiff

CF11 9SW

Tournament office in SWNC reception



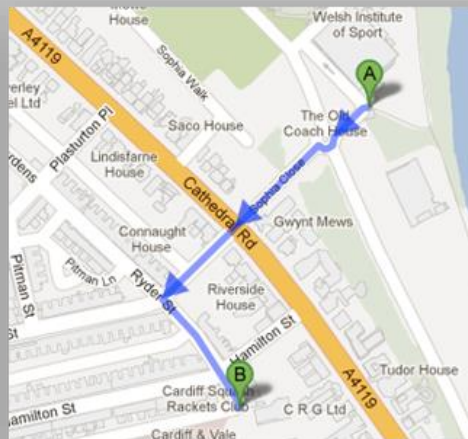
SWNC to Cardiff Squash Club

Walking directions to Pontcanna Lifestyle

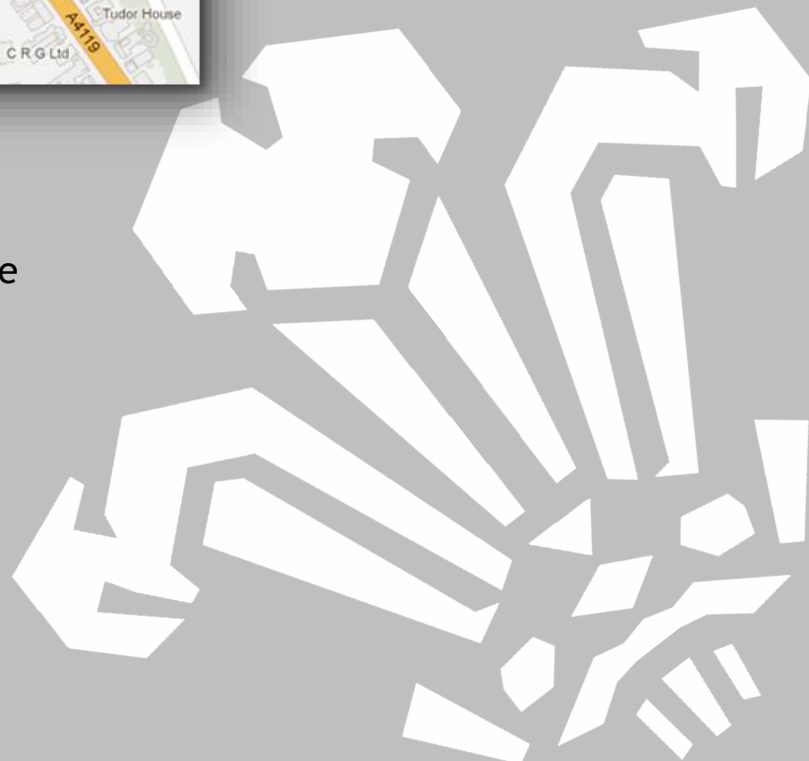
A Sport Wales National Centre
Sophia Gardens
Cardiff CF11 9SW

1. Head southwest 157 ft
2. At the roundabout, take the 2nd exit onto **Sophia Close** 489 ft
3. Continue onto **Talbot St** 354 ft
4. Turn left onto **Ryder St**
Destination will be on the left 466 ft

B Pontcanna Lifestyle
Pontcanna Lifestyle @ Cardiff Squash Club
Ryder street, Pontcanna, Cardiff CF11 9BR



Please see draw for time and venue; please check you have the correct venue before travelling.



Meal Information

Tournament Packages Only

Book in SWNC after 2pm on the day of arrival
Check out by 10:00am on your departure date.

Breakfast will be served at the following times in Sport Wales National Centre.

8:00 - 10:00

Lunch will be served at the following times in Sports Wales National Centre

12:00-1:45

Dinner will be served at the following times in Sport Wales National Centre.

17:00 - 19:00

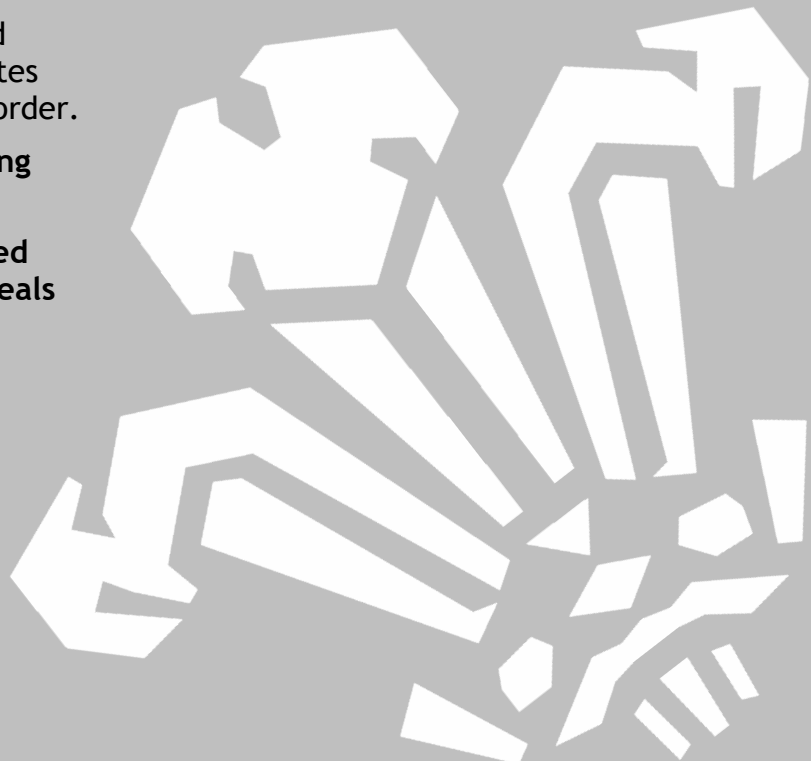
PLEASE NOTE

There are other events taking place in Sports Wales National Centre during the weekend

Please be advised that all meals will be hot and freshly produced so please allow up to 10 minutes for your food to be ready after you place your order.

Players responsibility to ensure they eat during the times above -

Under no circumstances will meals be provided outside of meal times for players who miss meals because they are watching matches.



Your Hosts

SQUASH WALES STAFF

SPORT WALES NATIONAL CENTRE

WJO - Event Mobile Phone +44 (0) 07867 487573

Lynne Davies Tournament Director 07867 487573

Sarah Clode Venue Organiser

Roy Gingell Tournament Referee

CARDIFF SQUASH CLUB

Peter Crook Venue Organiser 07809236762

Rachel Stevenson

REFEREES

Rachel Stevenson - Wales

Chris Neye - Wales

Julian Griffiths - Wales

Paul Thomas - Wales

Paul Clarke - England

Steve Eccles - England

Neil Marshman - Wales

Chris Powell - Wales



The Venue and Rules

SPORT WALES NATIONAL CENTRE

The Sport Wales National Centre is one of the main sports centres in Wales, used for the development of Elite Athletes. Its facilities include 4 squash courts including 2 glass back courts, 10 badminton courts, all weather tennis courts and a floodlit artificial pitch.

Cardiff Squash Club - Ryder Street

Cardiff Squash Club is one of Wales' premier Squash Club boasting some of the best Squash in the country, 3 hard back courts and 1 glass back court as well as a gym and Bar area.

MAIN TOURNAMENT DESK

The main tournament desk will be situated in RECEPTION of Sport Wales National Centre.

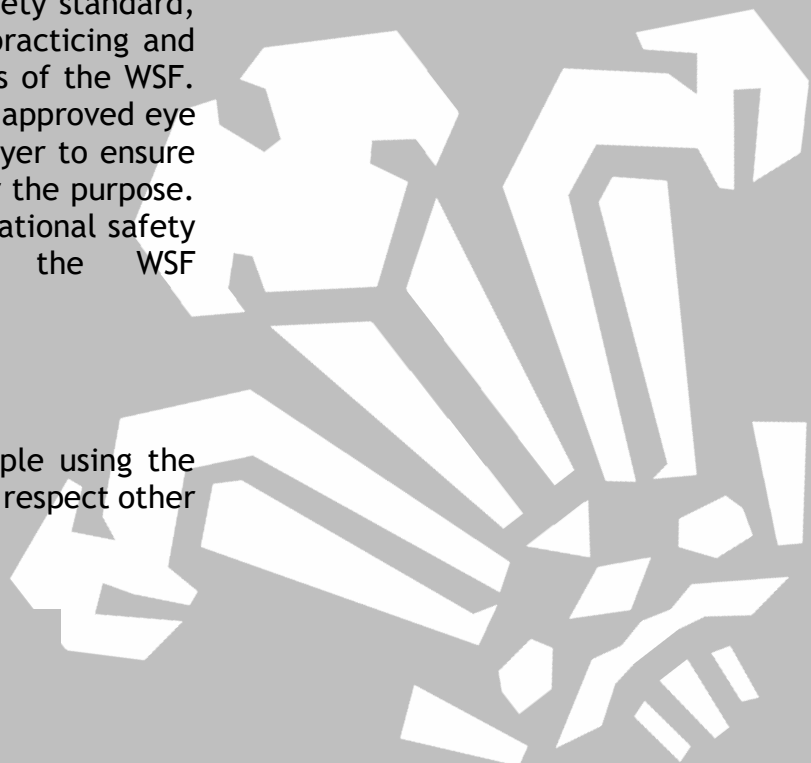
TOURNAMENT AND HOUSE RULES

EYE PROTECTION

All competitors must wear approved protective eye guards, manufactured to an appropriate national safety standard, properly over the eyes at all times whilst practicing and competing during the event, under the rules of the WSF. Players will not be allowed on court without approved eye protection. It is the responsibility of the player to ensure that the quality of product is satisfactory for the purpose. Information on which eye guards meet the national safety standards may be obtained from the WSF (www.worldsquash.org)

CONDUCT

Please remember you are not the only people using the facilities please be courteous at all times and respect other people using the facilities



The Rules (continued)



BELONGINGS

DO NOT leave your belongings, spare rackets, water bottles etc outside the courts. These are public places and Squash Wales cannot be responsible for your property.

SQUASH BAGS

Squash bags should be placed at the designated areas set aside for each venue. Changing room 5 SWNC.

LITTER

Please make sure you put all rubbish in the BINS provided. These are special recycling BINS for cans and bottles.

SEEDING

Seeding has been agreed and ratified by European Squash.

MATCHES

All matches will be played as best of five games under the rules of the WSF. PAR - 11 Scoring (to 2 clear points) will be used.

Friday matches will commence at 10am, all players will be expected to be available at this time.

INSURANCE

All players enter and play in the Welsh Junior Open at their own risk. Competitors must arrange their own insurance cover. Squash Wales and the ESF cannot accept responsibility for any injury arising from participating in the tournament.

REFEREEING

All competitors must make themselves available to mark and referee when asked by the Tournament Referee.

SQUASH BALL

The official match ball is the Dunlop Pro.

Please Note:

- Players need to arrive half hour before their match is due to start
- All players will register in reception at Sports Wales National Centre
- The onus is on all players to ensure that they regularly check the times that they are due to play, as these maybe changed through the tournament.



SQUASH WALES
Thank the following:

KARAKAL

DUNLOP



PRIFYSGOL
BANGOR
UNIVERSITY

*sportwales
chwaraeoncymsu*

LAW[®]
LASERS ARE US



Tiny Tumblers

EuroLogo

BOURSE
TRUSTS | PENSIONS | LIFE

