



Equality – Focus on Sport

A shop window for equality practice

Edition 123, June 2015

Hello and welcome to the 123rd newsletter.

Editions are now being produced by volunteer support so they will not contain an editorial introduction.

The newsletter now relies far more on people being proactive and coming forward with articles, news and information. We want E-FoS to continue to offer UK-wide coverage for the sector - please do send in your material for inclusion.

We are still looking for more volunteers to join the production team to maintain the service. The ideal situation though would be to find a new sponsor for the service – *we haven't given up on this yet.*

Please get in touch with Nikki Enoch, VAGA Director, if you can support E-FoS in any way - nikki@vagaassociates.com

The Equality – Focus on Sport website – hit by ‘hackers’ in June

Apologies if you couldn't access the E-FoS website recently – it experienced a ‘robot hacking’ attack. It wasn't specifically targeted in respect of the content but was hacked into under a general website attack process.

Hopefully, this has all been sorted out now thanks to our technical expert at VAGA Associates.

This edition contains features on:

- [Career transitions and occupational well-being of women in leadership: The case of women as sports coaches - Dr Leanne Norman et al](#)
 - [Making boxing a sport for all – England Boxing launches Disability Plan](#)
 - [Sporting Equals working with the Sikh Welfare & Awareness Team to encourage female participation](#)
 - [Miss Isle in Birthday Honours – Natasha Lambert, a young sailor with cerebral palsy who sets herself fundraising challenges receives an MBE](#)
 - [A selection of recent information](#)
 - [A brief look at some local work](#)
 - [Calendar of forthcoming events](#)
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Editor – once again we are most grateful to Dr Norman and her colleagues for updating readers on current research....

Career transitions and occupational well-being of women in leadership: The case of women as sports coaches

Dr Leanne Norman, Dr Faye Didymus, Alexandra J Rankin and Dr Paul Widdop

Background to the research

The UK is working to develop the world's leading sports coaching system by 2016. However, currently the system is male dominated; women only make up 28% of the profession and very few women reach senior levels. Little is known about why career pathways are gendered, why there appears to be a glass ceiling that prevents progression to the most senior roles, or how women coaches' occupational experiences affect their health and well-being. Therefore, the aim of this multidisciplinary project was to advance knowledge on career transitions, professional identity, and well-being for women at the various stages of their careers as sport coaches.

The underrepresentation of women in sports leadership, specifically as coaches, is a well-documented issue within the research literature. However, a remaining and sizeable knowledge gap within this body of research is a more dynamic perspective on this research problem. Existing research has tended to view this issue rather statically, examining the issues and experiences within women's development as coaches at one point in their career, from one theoretical perspective and viewing women as a homogenous group. Furthermore, interventions that aim to apply the findings of published research to make a difference in the 'real world' are significantly lacking. Research into career transitions within sports leadership, in general and particularly with a gendered lens, is almost non-existent. What also remains absent from the extant literature is an understanding of how a marginalised status and associated career experiences affect well-being of women coaches. This is an important line of enquiry because occupational health and well-being are critical factors in determining an individual's commitment to and continued participation in, a career. In summary, the impact of this research is in addressing how the barriers, facilitators and sense of wellbeing change at the various stages of women coaches' lives and careers, drawing upon an interdisciplinary theoretical approach. The intended outcome is the creation of an applied intervention towards developing existing and recruiting more, women coaches. The research is timely because occupational health has recently been identified by Public Health England as one of the most pressing health priorities for employers and their staff. The research will also contribute to increasing the number of coaches through recommendations for improving coach education towards progressing women.

Present study

The aim of this project was to further understanding of the occupational health and well-being of female sports coaches and to investigate the facilitators of and barriers to their careers and life transitions. To address this, the study included three distinct stages. First, an online version of the Shortened Stress Evaluation Tool (ASSET; Cartwright & Cooper, 2007), a measure of job characteristics, physical and psychological health, psychological well-being, and organisational commitment, was distributed to women coaches throughout the UK. 218 coaches responded and initial analysis has found that women coaches experience poorer work-life balance, job security and work relationships than other professions. The findings suggest that, on average, the sample of women coaches are highly engaged with their role and feel a sense of purpose during their coaching practice. The results do, however, suggest that women coaches require better work-life balance, more job security, and more meaningful relationships with their colleagues.

Following on from the survey stage of the research, stage 2 of the study involved interviewing a sample of women head coaches who completed the questionnaire to learn more about how they have experienced life and career transitions, how they experienced their professional identity, their experiences of organisational practices and social relationships, and their experiences of occupational well-being. Data analysis is still in the process of being carried out, but early findings suggest that the coaches have to spend time and energy on gaining

acceptance and respect in their organisations and proving their worth as a head coach because they were women. Some coaches do not feel valued by their organisation or that their efforts are duly recognised. Many of the coaches have given up their social lives, have limited family time, experiences of failed personal relationships and have stopped participating in sports because the coaching role was the priority. However, job sharing of head coaching roles, or a team approach to coach programmes has worked well for some of the coaches. Coaching too has proved to have taken an emotional toll on some of the participants amid reported incidents of bullying, being treated differently to male coaches, being ignored and being marginalised. To follow up these two phases of the study, for the final stage of the research (stage 3), we have devised a one-day exclusive development day for women head coaches to be hosted jointly by sports coach UK, the School of Sport at Leeds Beckett University and led by Marina McGoldrick of Ord Consultants in July at Carnegie Stadium, the home of Leeds Rhinos. This day will focus around three topics: improving personal well-being, managing relationships and influencing change.

Conclusion

This original, innovative three staged study, funded by Leeds Beckett University and drawing upon academic expertise from three of the research centres within the School of Sport, has already yielded some extremely pertinent, thought-provoking and groundbreaking findings. On completion of the final stage of the study, the research team will explore ways of extending this initial research to examine how occupational wellbeing is experienced by both men and women coaches, how wellbeing and coaching is experienced differently between sports, and how the topics that formed the focus of the development day can be replicated within the coaching curriculum. This is a new area of concern for sport and coaching, perhaps ignored because we presume that we work within physical activity that we indirectly support wellbeing. However, this research demonstrates that this is an urgent issue to address and must be a strategic priority for sporting organisations. Many of the coaches included in the study were close to burn-out and by addressing and improving their sense of wellbeing, it is more likely that coaches will remain and progress within the profession. Our findings show that women possess a strong sense of purpose as coaches and represent an engaged, motivated part of our coaching workforce. It is now up to national governing bodies of sport and sporting organisations to support women coaches to connect with other coaches, feel a sense of control over their role, and balance their personal and occupational commitments.

Notes:

1) The findings will be published towards the end of this year. The study was presented at the recent UK Coaching Summit. [Dr Norman's presentation is now available on the sports coach UK website.](#)

2) If there are any queries related to the research or if anyone wishes to discuss replicating the research into wellbeing and coaches within the context of their sport, please contact Dr Leanne Norman, Project manager, Senior Research Fellow, Leeds Beckett University, email: L.J.Norman@leedsbeckett.ac.uk

Editor – England Boxing published its [Disability Development Plan](#) a few weeks ago, so we ask them if they would like to tell readers more about its development and delivery. We are very grateful for this informative article...

Making boxing a sport for all – England Boxing launches Disability Plan

As an inclusive and accessible sport, it is important to England Boxing that people with

disabilities are able to enjoy boxing in the same way as any non-disabled person, and that they have opportunities to achieve in the sport.

At the beginning of 2015, England Boxing began an audit of clubs to get a better insight into the number of disabled participants within our membership. Our team of club support officers contacted 117 clubs representing 8582 members. We found that 347 classed themselves as disabled. Although not all clubs were audited, we were able to gauge a much-needed baseline figure of 4.08%.

England Boxing's Disability Development Plan was launched in May 2015 and sets out our plans to encourage more disabled participants to take part in boxing and to provide more opportunities and support for both individuals and clubs.

The plan has been supported by Sport England and has been received positively by organisations such as the English Federation of Disability Sport (EFDS) and Mind, the mental health charity.

Our team of regional club support officers were invited to get together to discuss the findings of the audit and the launch of the plan, and to bring along members of clubs who were willing to share their own experiences. We selected a week to celebrate the work being carried out by volunteers all over England, coinciding with the release of Sport England's Disability Insight Report [**Editor - an update:** *the release of the Sport England report is now expected within the next month*].

Each region provided one or two inspiring case studies which were promoted during our awareness week via our website and social media channels in the form of short videos, news stories and interviews with both volunteers and participants. The aim was to encourage discussion, highlight the benefits of being more inclusive and showcase the great work already taking place. These stories can be found on our website:

<http://www.englishboxing.org/aba/index.cfm/about-boxing/boxing-and-disability/news/>

Donna Brady, Disability Lead for England Boxing, said: "We already knew that many clubs throughout England are doing outstanding work to encourage and support disabled participants. We wanted to highlight this work with a week of promotion and activities.

"We know that clubs would like to be more inclusive but don't know where to start, or would like some support so they can feel confident in the work they are doing. Hopefully, more clubs will be receptive to disability inclusion if it doesn't look too difficult to achieve."

Paul Farmer, Chief Executive of Mind, said: "Physical activity is shown to give your body and mind a workout - so sport has the potential to help the one in four people in the UK who experience a mental health problem every year.

"We're delighted to support England Boxing and their work with people with mental health problems. Boxing is a fantastic way to meet new people and make new friends, while mastering a new sport gives you increased motivation and a great sense of achievement. "

FDS has launched its Inclusion Club Hub (<http://www.inclusion-club-hub.co.uk/>) which can be used in a variety of ways and contains handy resources clubs can download. England Boxing is encouraging its clubs to make use of this tool, with the support of our regional support team, who will be available to discuss the challenges clubs face in becoming more inclusive or share their own inclusion work.

This summer England Boxing will approach each region and identify a 'hub club'. This club will be supported to establish a system to support other clubs that show interest in initiating their inclusive journey, allowing us insight into what support is required and helping us to develop a boxing-specific health check for clubs.

In autumn 2015, we will host a series of regional workshops to support boxing coaches to become more inclusive. Our coach workforce will be able to access continuing professional development and on-going support, so that it is confident delivering to disabled people. In addition, we will work with our network of regional hub clubs and the EFDS to develop a health check document which can be used as a toolkit to assist clubs who expressed an interest after our awareness week in May, either via a club support officer or the EFDS Inclusion Club Hub tool.

The national rollout of our inclusion workshop training is planned for September to December 2015, with a national target of 90 clubs trained by December 2015.

Evaluation will take place in January 2016, when England Boxing's Disability Lead will work with the network of hub clubs, partners and participants to measure the Plan's impact on training coaches and on clubs, the wider community and increased disability participation.

In order to sustain this work beyond 2016, England Boxing will work with sports coach UK to train a pool of England Boxing tutor trainers to continue to deliver workshops in each region. By creating a sustainable network of educators we can be more responsive to need. England Boxing will also continue to develop and maintain the network of inclusive hub clubs who can educate, support and share good practice with developing clubs.

Donna Brady
England Boxing's Disability Lead
donna.brady@englandboxing.org

Editor – many thanks to Sporting Equals for this update on how, with good support, local community groups can deliver activities for all....

Sporting Equals working with SWAT to encourage female participation

The Sikh Welfare & Awareness Team (S.W.A.T) is a charitable organisation which was set up in 2009 in the West London area of Southall, also known as "little India"!

The organisation works with people of all ages and abilities in the local community to support them in developing as individuals and promotes the values of mental, spiritual and physical wellbeing.

An interest from the local women to do light activity at the centre encouraged the S.W.A.T. team to work with Sporting Equals and apply for funding to set up women only yoga sessions at the Gurdwara. A key element was to set up the sessions at the Gurdwara as the women felt safe and trusted the community centre environment in which the sessions would take place.

With the help of Sporting Equals, S.W.A.T used the funding from London Borough of Hillingdon to buy equipment and hire a yoga teacher for the sessions. They used a specific marketing and communications strategy for the Asian community and raised awareness of

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the sessions through the use of Facebook which has over 4000 followers, word of mouth and flyers distributed in the local community centres and at the Sikh temple next door.

The sessions have been very popular and having them at the faith centre has increased the number of people attending, as those who normally attend the Gurdwara tend to stay on for the yoga too. Harjit Khondhu, the Yoga Teacher commented on the sessions saying: “the sessions were well placed in the Gurdwara as many women come here to pray and seeing the sessions next door encouraged them to stay on a little longer, the benefits of the sessions are not only to improve their physical activity levels but also mental well-being”. One of the main objectives of the sessions for Harjit is to train some of the members so they can become teachers themselves one day.

S.W.A.T. has encountered some issues trying to engage with people in the communities to take part in sport of any form, these have ranged from timings of the sessions, family commitments and lack of parental support. Going forward, the organisation will be looking to address these challenges and provide services to the community where everyone can take part and gain the benefits of trying new sports. Sporting Equals and S.W.A.T will be working closely with each other over the next few months to set up Boxing sessions and Yoga for men.

S.W.A.T. already run a free of charge Youth Club on Thursday nights for activities like pool, table tennis, air hockey & computer games.

S.W.A.T. also runs a free of charge Saturday Soccer School for 5 to 14 year olds under the guidance of Head Coach Dave Chana.

For more information contact:

Mark Healy

South Regional Officer, Sporting Equals

mhealy@sportingequals.org.uk



Gurdeep Waryah & Dave Chana from S.W.A.T

Editor – the Queen’s Birthday Honours were announced on 13 June – congratulations to everyone in the sports sector who were recognised with an award. I could give you a list of sport’s elite performers who were recognised, but I would rather draw your attention to the achievements of this remarkable young lady who was recognised...

***Miss Isle in Birthday Honours List (Royal Yachting Association website article, 15 June)**

Natasha Lambert, the young sailor who’s completed four major challenges in the last four years, has received the British Empire Medal in the Queen’s Birthday Honour’s List to recognise her fundraising achievements.

Natasha is still a teenager but has sailed around the Isle of Wight, crossed the Channel, sailed over five hundred miles to Wales, climbed the highest peak in Southern Britain and, recently, sailed from Cowes to London and then completed a walk from St Katharine Docks to the Bank of England and back. Natasha undertakes these challenges to test herself and to raise funds for charity.

To date she has raised over £53,000. These activities would be remarkable for any teenager but Natasha has cerebral palsy, uses a wheelchair and has little control over her movements.

Her sailing is by mouth in a specially adapted yacht and her walks are completed in a special walker which she propels herself.

Not only is Natasha a very special young person but her family and carers are also inspirational. Dad Gary has spent countless hours pioneering the system which allows Natasha to sail, Mum Amanda juggles Natasha’s full time needs with planning and supporting her challenges and bringing up Natasha’s young sister, Rachel. Natasha’s loyal carers have all happily been a part of the challenges, sleeping in car parks in camper vans and spending hours on the water in support boats.

Whilst Natasha’s speech is made difficult as a result of the cerebral palsy she has an extremely active mind and is very much in the driving seat when it comes to planning her challenges. The family know that the adventures develop Natasha’s confidence and self-esteem, but they are also keen to let other families who have children and young people with similar needs know what can be achieved.

The past few weeks have been incredible for Natasha. She has completed her latest Capital Venture challenge, launched her own charity to let other young people learn to sail using her sip and puff method, been invited to start the prestigious JPMorgan Asset Management Round the Island Race, been included in the Independent on Sunday’s 2015 Happy List and now has received this honour in the Queen’s Birthday list.

Natasha commented on receiving the news: “I can’t believe I’ve been chosen for this amazing honour. I just enjoy doing what I do. It’s great people get behind it, but really anyone could do it”. Mum Amanda commented: “She loves her sailing, but the fundraising has become equally important and it’s really given her a focus, being able to help other people.”

Dad Gary said “She doesn’t think she deserves it, however we might be a little biased but we think she does.”

Natasha started sailing through the RYA's [Sailability](#) scheme, which aims to encourage and support with disabilities to take up the sport and facilitate centres to develop sailing opportunities for all.

* **Editor** – Miss Isle is name of Natasha's boat

You might also be interested in reading another news item from the RYA on [how the Mill Adventure Base in Sutton in Ashfield, Nottinghamshire is opening its doors for people with cerebral palsy \(16 June 2015\)](#)

A selection of general information of interest – this section is now supplied courtesy of a weekly subscription information service covering output from the sector in England only - [Sport and Physical Activity Link](#). For more information on the service contact: [Jenny Warner](#):

The following 3 surveys were still open when I checked – I couldn't spot the closing dates:

[MIND SURVEY - Coaches and sports providers - mental health awareness training](#)

We're Mind, the mental health charity. We're here to make sure anyone with a mental health problem has somewhere to turn for advice and support.

We are delivering a new programme called Get Set to Go which is funded by Sport England and the National Lottery and will provide 75,000 people with access to local sports.

This summer we will be developing training and materials for coaches and sports professionals to help make them more confident in delivering sport to people with mental health problems. We want to ensure that the materials meet your needs. Whether you have worked with people with mental health problems before or not, tell us what information you need to feel confident and have a better understanding of how to make sure everyone is included.

[Please take the MIND survey](#)

MIND Survey - Exercise and keep fit

Mind are keen to hear your views on exercise and keeping fit. We all know about the physical health benefits of being active – but there are important mental health benefits too. Whether you have a mental health problem or not - Mind would like to know your feelings about getting active, what helps and what gets in the way

Beating the blues with exercise? Tell Mind Charity what helps or hinders when it comes to physical activity - access the survey via - <http://ow.ly/MEt7Y>

[Consultation on discrimination in grassroots football: a survey - Kick it Out](#)

If you're involved in grassroots football, we want to hear your views on discrimination in the game through our consultation.

Kick It Out realises the important role played by grassroots football in local communities. This survey has been launched so that we can find out what Kick It Out can do to support those involved at this level of football. By understanding the needs of grassroots football, we can

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help make it more accessible and encourage those wanting to get involved.

All survey responses will be treated completely anonymously, and email addresses will be used only to send you the results of this research at the end of the season.

[English Federation of Disability Sport and National Disability Sport Organisations seeking young disabled people for research interviews. English Federation of Disability Sport \(18 June 2015\)](#)

During June and July 2015, Chrysalis Research would like to interview young disabled people with physical or sensory impairments about sport and physical activity. The company is working on behalf of the English Federation of Disability Sport (EFDS) and many National Disability Sport Organisations (NDSOs).....

In order to take part in the research you must:

- Be aged between 16-25, and
- Consider yourself to be a disabled person. (By this we mean, do you have an impairment or health condition that affects your daily life?*)

[sports coach UK announces initiative to bring more women into coaching \(3 June 2015\)](#)

Recognising the need for more coaching role models to attract more women into sport and active lifestyles, sports coach UK has announced a major initiative to recruit another 3000 women into the coaching workforce. The announcement came at the close of the 10th UK Coaching Summit in Cardiff, where the topic of gender equality in sport was the focus of a number of different sessions.....

The project will be delivered through four inter-connected tactics:

- **Awareness and Recruitment** – guidance on improving recruitment processes in coaching, including how to reach prospective female coaches and encourage them to put themselves forward.
- **Development of sustainable network of support** – Support and guidance to develop and deliver local networking events. Use of [Connected Coaches](#) to develop an online network.
- **Accessible learning and qualifications** - Making learning more accessible by addressing the barriers identified in sports coach UK research.
- **Profile and Brand** – Development of merchandise for coaches and those involved in the project to feel part of the project and to provide branding materials for local use such as poster, pop-ups.

Just so you know it is happening this week... we'll try to get a report on the event for next month's edition...

**[Stonewall event - LGBT sports role model programme](#)
24 June 2015, London**

This free, one-day programme is for those who identify as lesbian, gay, bisexual or transgender (LGBT) in sport and want to be part of creating a more inclusive future for all. The programme will explore what it means to be a role model in sport and give individuals the space to identify how they can create an inclusive environment for everyone.

[Women in Sport – Working to support county sports partnerships \(CSPs\) - Local Delivery Workshop](#)

Women in Sport has developed a workshop to help improve local sports delivery for women and girls.

Insight includes:

- Aligning programmes to women and girls' values
- Marketing and Communications
- Retention
- Coaching
- Evaluation and monitoring

The workshop has been designed to enable CSPs across England to deliver the key messages to local partners working to increase female participation.

We will be hosting two sessions in summer 2015 to teach CSP leads how to deliver the workshops.

[Study to investigate barriers to women becoming football coaches. Leeds Beckett University \(26 May 2015\)](#)

A Leeds Beckett University researcher has received £15,000 of funding from the English Football Association (FA) to investigate the career pathways and the experiences of women football coaches.....

[Youth Sport Trust celebrates Women's Sport Week through Girls Active \(2 June 2015\)](#)

The Youth Sport Trust is celebrating Women's Sport Week (1-7 June) by inviting schools to get involved in the innovative Girls Active programme.

Together with the launch of the [Girls Active video](#), showcasing the principles of the programme, the Youth Sport Trust is seeking to identify 90 schools from 10 predefined county areas that will be supported to deliver Girls Active.....

To register your schools expression of interest to get involved in the programme and receive further information, please contact Paulina Skladanowska at:

Paulina.skladanowska@youthsporttrust.org.

[Follow all the Typhoo #SportsForAll athletics news and stories as they happen. English Federation of Disability Sport \(8 June 2015\)](#)

In February 2015, we announced that Typhoo and the English Federation of Disability Sport (EFDS) had teamed up to ensure more disabled athletes have access to participation opportunities across England. Now, you can follow all the news and stories on the dedicated Typhoo programme website.

The Typhoo Sports for All site shares the events' and disabled athletes' stories from across England. Meet the personalities of those who are taking part and those who once found fame through the events programme, like World Champion Hollie Arnold. You can flick through the ongoing news and photographs on typhoosportsforall.com.

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[Blind cricket - the categories explained in videos – England and Wales Cricket Board \(24 May 2015\)](#)

There are three sight categories for blind cricketers - watch our videos to learn about each of them. The videos contain full commentary on the information being given.

['We Can Play': Inspiring women and girls to play football. The Football Association \(9 June 2015\)](#)

The Football Association has launched 'We Can Play' - a campaign to shatter lingering pre-conceptions about women's and girl's football and boost participation.

Despite its status as the largest team sport for girls and women in the country, peer-to-peer pressures, gender stereotyping and even the derogatory results of internet searches all contribute to a perpetuation of a negatively distorted image on the women's game – which research has revealed is holding back greater participation in football.....

[FA launches Soccercise. The Football Association \(15 June 2015\)](#)

The FA has launched Soccercise – a football themed workout for women.

Soccercise been piloted in conjunction with Sport England and Bury Council's 'I Will If You Will' programme and with the support of Women in Sport and other key partners across England.....

[Also...The FA has launched a month of free football sessions for girls and women.](#)

[British Wheelchair Basketball volunteering opportunities - European Wheelchair Basketball Championships - Various Roles](#)

Applications are now open for volunteers for the European Wheelchair Basketball Championships, taking place in Worcester from 28th August – 6th September 2015. Application closes 26 July 2015

You would think that elite athletes from around the world would know better..... but this next item illustrates that there is still lots of work to do at all levels in sport to ensure people take equality and respect seriously...there are no excuses...

[Australian Para-athletes condemn Olympian Sally Pearson's Paralympics joke. Inside the games reports \(17 June 2015\)](#)

A trio of prominent Australian Paralympians have hit out at compatriot Sally Pearson after the Olympic gold medal-winning 100 metre hurdler joked she's "going to have to go to the Paralympics now" while discussing her initial thoughts following a recent injury to her wrist.....

Some recent publications you might not be aware of:

[Go where women are: Insight on engaging women and girls in sport and exercise. Sport England, June 2015 \(50 pages\)](#)

'Go Where Women Are' is about engaging women in sport and exercise on their terms and in their space whether physically or emotionally. This review explores our current understanding of women, their relevant motivations, barriers and triggers to getting more active, and what this means for sports and exercise activities and initiatives.

[Online resources launched to support Mental Health Charter for Sport and Recreation. Sport and Recreation Alliance \(11 June 2015\)](#)

....Today we are launching a [toolkit](#) to help signatories to fulfil their pledges. The toolkit contains an action plan template to help organisations to build mental health support and policies into their organisational plans. It will also include links to helpful resources around promoting good mental health and an interactive online community for signatories, which will provide a collaborative space for the sharing of ideas and networking around mental health.....

[Go directly to SRA Mental Health Charter Toolkit](#)

[Ramadan & Football Factsheet. The Football Association, June 2015 \(3 pages\)](#)

The factsheet explains how the holy month affects Muslims who will be observing Ramadan with reference to football activities prior to and during pre-season.

With the holy month expecting to conclude on Friday 17 July, the factsheet offers guidance on how Ramadan is observed including information on fasting, praying, and guidance around training and fixtures.

[Also – From Sporting Equals - Fasting in Ramadan Factsheet, 2015](#)

[Top Tips for Sportivate Programmes. Women in Sport, originally published 2013 – rebranded/revisted April 2015 \(12 pages\)](#)

This document, part of the County Sports Partnerships and Further Education Resource Hubs, is designed to help deliverers to get more women and girls involved with Sportivate funded sessions.

[Changing Sport, Changing Communities and Changing Lives: StreetGames National Evaluation. Researched by Substance, published by StreetGames, dated April 2015 – released June 2015 \(70 pages\)](#)

Action Research Cooperative, Substance has undertaken an 18 month study to evaluate the impact of our work and that of projects within the StreetGames network in relation to our mission to change sport, change lives and change communities.

General information, publications /resources....

[2011 Census Analysis: Ethnicity and Religion of the Non-UK Born Population in England and Wales. Office of National Statistics, June 2015 \(22 pages\)](#)

The 2011 Census has shown that England and Wales has become more ethnically diverse, with minority ethnic groups continuing to rise since 1991. The proportion identifying with a White ethnic group has decreased from 94% in 1991 to 86% in 2011. In 2011, 87% of the population (48.6 million people) was born in the UK and 13% of the population (7.5 million people) was born outside of the UK.

[Queen's Birthday Honours 2015 - Equality facts](#)

In total, 1,163 people have received an award:

- 1,013 candidates have been selected at BEM, MBE and OBE level (295 at BEM, 481 at MBE and 237 at OBE)

- 70% of the recipients are people who have undertaken outstanding work in their communities either in a voluntary or paid capacity
- There are 595 successful women candidates in the list, representing 51% of the total
- 6.9% of the successful candidates come from ethnic minority communities, a slight increase on recent lists
- 6.3% of the successful candidates consider themselves to have a disability under the Equality Act 2010

The proportion of women (51%) in this Honours list equals the previous highest share of female honours, in the [2014 New Year's list](#).....

An event to note....

**[Westminster Briefing - Diversity & Inclusion under the New Government](#)
16 September 2015, London**

Join us to be briefed about and discuss the new Government's approach to Diversity & Inclusion, the latest developments in equality law and how we can work towards the vision of equal treatment and equal opportunity for all.

Awareness...and for sports professionals who work in secondary schools...

[Launch of the GUIDE Project. University of Worcester \(29 May 2015\)](#)

A new resource to support those in secondary schools working with young people with special educational needs has been launched at the University of Worcester. The GUIDE Project has involved participants from Italy, Spain, Poland, Romania and the UK in a three-year long project to design, develop and test training materials. The manual of guidance and accompanying online training package have been designed in consultation with teachers and other education professionals in order to meet the needs they identified. The UK team included lecturers from the [Institute of Education](#) at the University of Worcester: [Dr Ruth Hewston](#), [Sharon Smith](#) and [Dr Richard Woolley](#). The project was officially launched at the University on Wednesday 20th May. Parallel launches are taking place at partner organisations across Europe.....

Mencap

Learning Disability Week has just taken place (15 – 21 June 2015)

A learning disability is a reduced intellectual ability which can lead to difficulties in taking part in everyday activities – for example household tasks, socialising or managing money - which will affect someone for their whole life.

Learning disability facts:

- There are around 1.4 million people in the UK with a learning disability
- Just 1 in 3 people with a learning disability take part in some form of education or training
- Children with a learning disability are often socially excluded and 8 out of 10 children with a learning disability are *bullied
- 1 in 2 families with a disabled child live in poverty

[Find out more about learning disability on the Mencap website](#)

[*Anti-Bullying Alliance: Anti-bullying week 2015 - 16th - 20th November 2015 - The theme this year is 'Make a noise about bullying'](#)

Anti-Bullying Week in England is coordinated by the Anti-Bullying Alliance

Mencap Liverpool Get Going running group started in January 2015 for people with a learning disability. England Athletics reports (18 June 2015)

Most of its members were beginner runners and some have already progressed to being able to run 3km. Others were already runners but everyone enjoys the social element of making new friends, even the local staff have joined in!

The group now has 12 members who go out running whatever the weather.

[Watch a short video from the runners here](#)

Some recent newsletters...

[StreetGames – Word on the Street, June 2015](#)

[People Dancing - Dance, Deaf and Disabled People E-newsletter, June 2015](#)

A brief look at some local work....

[Queen's Award for Voluntary Service recipient 2015 - Wealden Sailability, Kent – read an article on the Royal Yachting Association website about the development work at the club](#)

....Wealden Sailability, based at Chipstead Sailing Club, has over 70 volunteers who support more than 60 people a week with a whole range of physical and learning disabilities in getting out on the water every Tuesday and Thursday between April and October.

Established seven years ago, with no money nor boats, Wealden Sailability has grown from being a small group of enthusiastic sailors wanting to help people with disabilities enjoy the fun and independence sailing offers, to now owning 19 of its own specially-adapted boats and outstanding relationships with many local community groups and independent sailors. More than 1,500 people are expected sail with Wealden Sailability during the course of this year.....

[Special Needs coach education course a huge success. British Judo \(4 June 2015\)](#)

Northern Ireland Judo Federation's Hazama Judo Club Maghaberry, delivered Ireland's largest ever Special Needs coach education course at a special training day last month. Over 40 coaches attended the British Judo coaching Revalidation Event which was the first of its kind to be held in Northern Ireland.

Judo Assist's James Mulroy who delivered the course, is a well-known face in Special Needs Judo. James's passion and expert delivery was enjoyed by everyone in attendance, including coaches, parents, club officials, referees and players.

Hazama's Head Coach Mark Montgomery said: "This proved a most valuable day for everyone involved in Special Needs Judo, and our Club look forward to growing our Special Needs Membership.....

[Us Girls Wales Official Launch. StreetGames \(29 May 2015\)](#)

Thursday 28th May saw the official launch of Us Girls Wales, with a number of activities and events taking place to mark the exciting occasion. Learning from the success of Us Girls

A volunteer supported newsletter via VAGA Associates

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England, StreetGames aim to drive a step change in female sport participation and address the barriers that prevent so many girls and young women from taking part in activities. Funded through Sport Wales' 'Calls 4 Action', Us Girls Wales, in collaboration with Communities First, aim to work with 5000 inactive and semi-active girls and young women between the ages of 13-19.....

Calendar of forthcoming events

A more extensive list of dates for your diary can be found on the **Equality- Focus on Sport** website on [Calendar of events](#) page, just a few events in the next few weeks:

[3 July - Boccia England – Regional Individual Lord's Taverners Under 19s Boccia Competition, Exeter](#)

[11 July - British Blind - Summer Festival of VI Sport to celebrate charity's 40th anniversary, Coventry](#)

[20 - 27 July - Tennis Foundation and UK Deaf Sport - 1st World Deaf Tennis Championships, Nottingham](#)

[26 July - National Paralympic Day 2015, London and other venues](#)

[28 July - Maudsley Learning – Mental Health in Sport Conference - Game changing mental health, London](#)

We will be very pleased to receive information of your events to add the [E-FoS calendar page](#). Please email the details, with any website links, to: jenny@vagaassociates.com

How to get the most out of this newsletter

Hopefully, you have enjoyed the variety of information in this newsletter. You can contribute! Do give us some information about your governing body, home country, sporting organisation or project. Our schedule is:

Production Date (by working week ending)	Deadline for Contributions
31 July 2015	24 July 2015
28 August 2015	21 August 2015
25 September 2015 – the next review of keeping the service going	18 September 2015

Please e-mail any contributions or comments via: jenny@vagaassociates.com.

I will ensure members of the volunteer editorial team receive your input.
